

Welcome to 2018, We hope you had an enjoyable Christmas and New Year and you are looking forward to playing more tennis in 2018.

This newsletter is full of information on what's going on at the club and what's coming up.

It's your newsletter so if you want to add anything for our next issue please email

Bobby Kerr at bobby.kerr@tennishelensburgh.org.uk

Successful After School Club

After the October week holidays the club successfully ran an after school club in Hermitage Primary for 7 weeks. It was funded by the club to introduce tennis to pupils. We averaged 16 children every week.

The course was taken by head coach Jo Kerr and thanks go to our wonderful helpers, Sue Macrae, Sue Scott, Janette Green, Stuart Brown, Fiona McLeod, Ann Morison and Bobby Kerr. The next block starts on 16 January for 4 weeks and then again after the half term break on 20 February for 6 weeks and we will need some helpers, please contact Jo at joisakerr@googlemail.com



Safeguarding

There have been a lot of stories in the national media regarding the safety of children and vulnerable adults at sporting venues. We take this subject very seriously. All our coaching staff are members of the Protecting Vulnerable Groups (PVG) scheme and have been thoroughly vetted.

We have a Safeguarding Policy with nominated Welfare Officers and rigorous procedures to ensure H.L.T.C is a safe environment to be at. Coaches also receive Safeguarding training from the LTA. Please see the notice board for details of our commitment to provide a safe environment. If you have a safeguarding concern you can contact one of our Welfare Officers in the strictest confidence, Bobby Kerr, bobby.kerr@tennishelensburgh.org.uk or Carol Bews at carol.bews@googlemail.com

H.L.T.C. Lottery

Don't forget to enter our Club lottery! An application form is available on the website or contact Bobby at bobby.kerr@tennishelensburgh.org.uk - hurry closes Sunday 14 January.



2018 Season

January sees the club submitting teams for the 2018 season to Tennis West of Scotland. Thanks go to all the team captains who have a difficult job trying to arrange fixtures and players for each match.

Many have done the job for a number of years and probably deserve a rest so if you think you could step up please get in touch.

Help Required

The **Annual General Meeting** of the club will be held on Thursday 29 March at 8.00pm. Further details will be issued in early March. It takes a team of volunteers to run a successful club and we are always on the lookout for members who have specific skills that can help the committee. As well as Committee places we need help in:

- Social media and marketing in general
- Fun days,
- Social and tennis events
- Helping at our after school club and
- Becoming a tennis helper / leader / assistant / coach

If you think you could help in any way please get in touch.



Grounds Maintenance

Please note that there will be some tree pruning around the courts which is scheduled to start in late January. It's a big operation so there is likely to be some noise disruption, apologies in advance.

Wimbledon Ballot



Have you opted in to the Wimbledon Ballot yet?

To make sure the club gets a good allocation of Wimbledon tickets we need to make sure as many members as possible opt in to the ballot. Please click onto the link the

next time you receive a reminder email.

Coaching News

Our successful partnership with CBF Tennis ended on 31 December. We would like to thank Chris Bowman and his team for providing tennis services over the last few years.

Our Head Coach Jo Kerr has now taken over the role of provider of tennis services to HLTC. All coaching payments will be made to Jo Kerr with subscriptions to Helensburgh Tennis Club.

Details of the January to March programme are published below. Jo will give details of her long term plans in the coming months.

JUNIORS

Block 1 - Mondays, starts 15 Jan to 5 Feb for 4 weeks, then

Block 2 - 19 Feb till 26 March for 6 weeks

Mondays with Jo

Tots Tennis	1.30pm to 2.15pm
Mini Red under 8yrs	4.00pm to 5.00pm
Orange 8 to 9yrs	5.00pm to 6.00pm
Green 9 to 11yrs	6.00pm to 7.00pm
Development Squad	7.00pm to 8.00pm

(by invitation)

Tuesdays with Jo (by invitation)

Futures Squad	7.30pm to 9.00pm
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All sessions Block 1 = £20 (Tots = £16)

All sessions Block 2 = £30 (Tots = £24)

Payment details =

RBS account J Kerr, 00186016 sort code 83-28-42 ref kids surname, cheques made out to J Kerr

Tuesday After School Club starts 16 Jan for 4 weeks then 20 Feb to 27 March 6 weeks
3.15pm to 4.30pm (in Hermitage Primary) £2

Adults

Thursdays, starts 22nd Feb for 5 weeks with Jo
Drill Night 7.00pm to 8.30pm
Seniors £5.00 - and team juniors £3.00

MISS HITS with Lorna (girls only) for 6 weeks
Tuesdays starts 20 Feb 4pm to 5pm
Thursdays starts 22 Feb 6.30pm to 7.30pm

Members are asked to contact Lorna to discuss additional classes - call her on 07860 482 299 or you can email her at Lornsb8@gmail.com



The annual **Quiz Night** will be held in the clubhouse on **Friday 23 February at 7.00pm**. No more than four in a team, cost is £10 per team.

If you would like to enter a team, please email Bobby with your team name.

To get you in the mood can you solve these easy tennis related anagrams in less than 5 minutes?

Answers at the bottom of page 3.

- Fan Hold Overly
- Canteen Skirt
- Ace Hah Doc
- Blame La Chin
- Arena Lib Yells



Most Improved Junior Player

Congratulations to Charlie Ward who was presented with the H.L.T.C. **ACE Certificate** for being the most improved junior from the autumn block when he moved from the Orange group to the Green group. His favourite shot is the forehand and his favourite player is Andy Murray. Well done Charlie.



(I'll leave a space in the next newsletter for the most improved senior player!!)

Jo's Little Helpers!

Throughout the last coaching block, Jo has been helped by three of our older juniors who are doing their Duke of Edinburgh



awards. **Tavish Hicks, Ian Fulton** and **Guy Torbet**, have been giving their time free of charge to help Jo with the red, orange and green classes. The boys are so keen that they are going on to attend a Tennis Leaders course in the new year.



Tennis Leaders Course

We hope to hold a Tennis Leaders course at the club before the end of March. Tennis West of Scotland has already been approached to provide a tutor and we should have a date soon. This is the first step in the tennis coaching ladder and is ideal for older juniors wishing to help out at classes and camps as well as club members and parents.

The course is about 3 hours long and you will learn some of the following:-

- Know the basics of tennis: strokes, game formats and variations of the sport
- Understand how these variations of the game are used to introduce tennis to people of all ages and abilities
- Learn about effective communication and organisation skills
- Put your skills into practice on court – in warm up activities and on court drills

We desperately need more coaches and would love some of our members to go on and complete the course. The club can pay the course fee and look for you to give the fee back by donating your time at some classes.

Tennis Island Discs

Each issue we will ask a member to give us their 8 Tennis Island Discs and luxury and book they would take on the island. This issue we asked our incoming President **Keith Love**



1. **Nazareth** – Broken Down Angel
2. **Dr Feelgood** – Back in the Night
3. **Chris Rea** – Road to Hell
4. **Credence Clearwater Revival** – Bad Moon Rising
5. **Queen** – Hammer to Fall
6. **Rush** – Bastille Day
7. **Kinks** – Dedicated Follower of Fashion
8. **Dark Side of the Moon** because you can't just choose one song from that album

Luxury – Infinite supply of Gin & Tonic

Book – any book from Lee Child – good escapism fiction

Club Development Plan

The Committee is currently creating a 3 year Development Plan for the club which will have an annual delivery plan. It will look at developing and improving the club for its members. Areas include reviewing the adult and junior coaching programmes, raising the profile of the club, attracting new members, more competitive play, more tennis /social activities and developing our coaches.

It has six key objectives:

- **Increase Membership**
- **Improve Tennis & Coaching Programme**
- **Develop District Squad**
- **Develop Schools Programme**
- **Establish Coach Development Programme**
- **Raise the Profile of Tennis Within the Community**

The plan will have actions for each of the three years. Committee members have specific actions assigned to them along with timescales and costs where appropriate. There will be updates given at each subsequent committee meeting and a full report will be given in the annual newsletter that goes out with the annual general meeting papers.

The proposed plan will be submitted at the AGM in March but if you have any comments you would like to make please get in touch.

Good Housekeeping

Don't forget if you are last to leave the club please remember to:

- **Close all the external gates**
- **Collect all your belongings**
- **Put all your rubbish in the bins**
- **Switch off all the internal lights, including toilets and changing areas**
- **Make sure all external doors are closed properly**

Thanks



Floodlight Tokens



Floodlight tokens, which cost £3.00 for 90 minutes are available from the following members:-

- Ian Parlane
- Alison Fotheringham

Anagram Answers

a) Forehand Volley, b) Tennis Racket, c) Head Coach, d) Ball Machine e) Baseline Rally